

GIS

PSN



## THE CERTIFICATE IN ELITE PLAYER CARE AND WELLBEING

### PROGRAMME OVERVIEW

The **Certificate in Elite Player Care and Wellbeing** has been designed to support sports industry professionals to enhance their practice with a multidisciplinary understanding of the subject.

The programme has been developed to allow delegates to establish a theoretical and practical understanding of player care and wellbeing, by engaging with elements of behavioural science, psychology, psychiatry, and social sciences, with the long-term goal of applying this knowledge across a variety of roles and contexts, at both youth and senior levels.

During their studies, delegates will be exposed to the latest research in the area, as well as a series of real-world scenarios and case studies, developed in conjunction with industry partners.



SCAN HERE to discuss your future in **PLAYER CARE** and register your interest in this course



**Abby Carrington:** Academy Player Care / Welfare Officer at Nottingham Forest

*"I cannot stress the importance and significance of this course. The player care industry currently lacks a formal, recognised qualification. The course covers the key elements involved in the player care process and will equip individuals with the knowledge and tools they require to support athletes holistically, and to empower them, during times it is needed the most."*



**Vincent Pericard:** Former St Etienne, Juventus, Portsmouth and Stoke City striker

*"I'm so pleased to see the creation of this course. It will be crucial for any sports professional who is committed to player care and wants to learn how to support the wellbeing of athletes. I strongly believe it will be a game-changer."*

## MODULES & DELIVERY

Delegates will attend two face-to-face study sessions, each attendance comprised of two full days study covering the modules listed below:

### Session 1

**Day 1** – Introduction to Player Care

**Day 2** – Mental Health and Sport

### Session 2

**Day 3** – Critical Moments in Sport Careers

**Day 4** – Youth Players and Safeguarding

*Delegates will be continuously assessed during the course via a range of individual and group activities held during study sessions, and online via a range of independent study activities hosted on GIS' comprehensive Learning Management System. The course will take three months to complete.*

*2022 course fee and dates to be confirmed.*

## TUTORS



**Dr. Richard Elliott**

Richard is one of the leading experts on the lived experiences of elite athletes. His most recent research examines the manner in which elite sports environments and the transfers of players can create the conditions for the development of mental illness. Richard has 20 years of experience working with elite athletes, clubs, and sports brands.



**Dr. Alan Tonge**

Alan is a former professional footballer, having played for Manchester United and Exeter City, before being forced to retire at the age of 24 due to injury. He has since transitioned into academia and has been teaching within further and higher education for 18 years. Alan has recently completed a PhD exploring critical moments, identity and meaning amongst professional football players.



**Tom Buck**

Tom has worked with professional football clubs at a variety of levels from The National League to the Premier League, as well as Olympic pathway athletes. Tom is about to complete his PhD, which explores perceptions and attitudes toward mental health and common mental disorders in elite sports cultures. His work highlights issues associated with help-seeking, mental health provision in the UK, and outlines recommendations for developing player care in elite sport settings.

